



Your

# TRAVEL GUIDE

2026/2027



ENGLISH



**Sud**  
**MARTINIQUE**  
Office de tourisme

The logo for Sud Martinique features a stylized green and yellow graphic above the text. The word 'Sud' is in orange, 'MARTINIQUE' is in green, and 'Office de tourisme' is in white on a green background.

Download me !



*Discover Southern  
Martinique !*



# TOURIST

## information center



Our teams are happy to welcome you and provide information you need about the treasures of southern Martinique - accommodation, dining, activities and natural sites. We are here to help you discover our magnificent region!

### WHERE TO FIND US ?

#### LES ANSES-D'ARLET

##### Complexe Polyvalent de la Batterie

Monday, Tuesday, Thursday, Friday:

8:00 a.m. - 3:30 p.m.

Wednesday: 8:00 a.m. - 1:00 p.m.

#### LE DIAMANT

##### Immeuble de la Cyberbase (Cyberbase Building) 46, rue Justin Roc

Monday and Thursday: 7:30 a.m. - 1:00

p.m. / 2:00 p.m. - 5:00 p.m.

Tuesday, Wednesday, Friday: 7:30 a.m. - 1:30 p.m.

Opening hours may be modified.

#### LE FRANÇOIS - 1, rue Homère Clément

Monday, Tuesday, Thursday, Friday:

8:00 a.m. - 3:30 p.m.

Wednesday: 8:00 a.m. - 1:00 p.m.

#### LE MARIN

##### Boulevard Allègre - Nouvelle Marina

Monday, Tuesday, Thursday, Friday: 8:00

a.m. - 3:30 p.m.

Wednesday: 8:00 a.m. - 1:00 p.m.

Saturday (December to May): 8:00 a.m. - 1:00 p.m.

#### LES TROIS-ÎLETS - Place Gabriel Hayot

Monday, Tuesday, Thursday, Friday: 8:00

a.m. - 3:30 p.m.

Wednesday: 8:00 a.m. - 1:00 p.m.

Saturday (December to May): 8:00 a.m. - 1:00 p.m.

## A MOBILE RECEPTION DESK

To stay as close as possible to your wishes and accompany you throughout your discoveries, the Intercommunal Tourist Office of Southern Martinique is innovating with a brand-new mobile reception unit.

On board our mobile trailer, our advisors visit towns across the South — from beaches and local markets to cultural events.

Come meet us to get personalized tips, great deals, brochures, and even browse our mini boutique to take home a few souvenirs.

Follow our itinerary on social media or visit the official website of OTI Sud Martinique to find out where we will be next!



“ Enjoy Everything the Region Has to Offer Discover the authenticity, the diversity of landscapes, the rich heritage, and the vibrant culture of our region. A true journey for all your senses.



- ☎ 0596 280 999
- 📞 0696 22 26 63
- ✉ contact@oti-sudmartinique.com
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- 🌐 sud-martinique-tourisme.com

Tourist Office of Southern Martinique - March 2026

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“ **To make your stay unforgettable, embark on a journey to discover our generous region:** from sea excursions and cultural experiences to authentic encounters, tropical trails, ancestral crafts, colourful markets, immersive traditions, and unforgettable culinary delights.

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Fort-de-France

Aéroport du Lamentin

LE FRANÇOIS

Océan  
ATLANTIQUE

Baie  
de Fort-de-France

DUCOS

Barrage  
de la Manzo

Pointe  
Faula

LE SAINT-ESPRIT

LE VAUCLIN

Montagne du Vauclin

LES TROIS-ÎLETS

Forêt  
de Vatable

RIVIÈRE-SALÉE

Cap Salomon

LES ANSES-D'ARLET

Le Rocher  
Zombi

RIVIÈRE-PILOTE

LE MARIN

LE DIAMANT

SAINTE LUCE

SAINTE-ANNE

Morne Larcher



Rocher  
du Diamant

MER  
DES CARAÏBES



Pointe  
Dunkerque

Pointe  
des Salines

Étang  
des Salines

Pointe Baham

# Discover Southern Martinique!



## Géographixal location

- To the north, it is bordered by the central and northern communes of Martinique.
- To the south, it opens onto the Saint Lucia Channel.
- To the east, it is washed by the waters of the Atlantic Ocean.
- To the west, it faces the Caribbean Sea.



Nbre of inhabitants  
(January 1, 2022)

**115 038**



Area

**409,1 km<sup>2</sup>**



## Peaks/Highest

peaks Montagne du Vauclin (Vauclin Mountain) (504 m) and Morne Larcher (478 m) dominate the landscape, offering spectacular panoramas over the island and the sea.

Grande Anse, Les Anses-d'Arlet

## Welcome

### to the South of Martinique, A TRUE TROPICAL PARADISE

Made up of 12 municipalities, the South of Martinique is an iconic destination that attracts thousands of visitors each year. With sun kissed beaches, charming communes, and exquisite gastronomy, it is a region rich in memorable experiences.



Montagne du Vauclin (Vauclin Mountain)

# Your **READY TO GO** itineraries

## "Authentic South"

**7**  
DAYS

Exploring the heart  
of Southern Martinique

Day **1**

**Mangrove and heritage  
Ducos & Saint-Esprit**

### **MORNING** / Ducos

- Kayaking in the mangrove: an immersion in a preserved ecosystem, ideal for observing local wildlife.

### **AFTERNOON** / Saint-Esprit

- Visit the covered market: an iconic building with a central fountain.
- Statue of the Freed Slave: a memorial site celebrating the emancipation of slaves
- Discover Morne Baldara, offering panoramic views from the South to the Pitons in the North.



*Marché du Saint-Esprit  
(Saint-Esprit Market)*



Day **2**

**History and craft  
Rivière-Salée & Trois-Îlets**

### **MORNING** / Rivière-Salée

- Visit of Saint Jean Baptiste (Saint John the Baptist) Church: a masterpiece of local religious architecture, rich in history and remarkable details.
- Horseback riding through the countryside: an authentic experience to fully enjoy the natural landscapes and rural tranquility.

### **AFTERNOON** / Trois-Îlets

- Village de la poterie : Craftsmanship, shops, workshops
- Maison de la mangrove: Educational space dedicated to this ecosystem
- Urban Expo - Route de l'Identité Iléenne - Chimen Khokho René Corail: Where art meets living memory.

**100% Nature :**  
**Le Vauclin & Le François**

**MORNING / Vauclin**

Two hiking options to choose from:

- **Land side:** Montagne du Vauclin (Vauclin Mountain) – An exceptional panoramic view over the town and the surrounding islets.
- **Seaside:** Boucle du Vauclin (Vauclin Loop) – A coastal hike leading to the iconic mangrove of Trou Cochon.

As you head toward Le François, the Petite France trail provides a lovely view of the surrounding islets.

**AFTERNOON / François**

- **For sea lovers:** Boat excursion to the islets and the famous Baignoire de Joséphine, followed by an exploration of the underwater trail at Îlet Thierry
- **For nature and outdoor enthusiasts:** Woodland hiking toward Rocher Leclerc, an unspoiled and little-known natural area (climbing site accredited by the French Climbing Federation).



*Îlet Thierry*

**From the coastline to the hilltops:**  
**Diamant & Les Anses-d'Arlet**

**MORNING / Diamant**

- **Bourg pontoon:** magnificent views over Grande Anse Beach, Morne Larcher, and Diamond Rock.
- **Bernard David exhibition space:** Town's history and an exhibition of pre-Columbian archaeological artifacts.
- **Coastal walk** starting from the Multipurpose Market, with a stop at the Memorial Bench, a tribute to historian Armand Nicolas.

Heading towards Les Anses d'Arlet, 2 interest points come into view: the Cap 110 Memorial, as well as a unique viewpoint overlooking Diamond Rock.

**AFTERNOON / Les Anses-d'Arlet**

- **Petite Anse :** Fishermen's neighborhood, home to Dlo Férré, a small natural ferruginous water source at the end of a marked trail.
- **Craft Market & Bourg Beach** (with access to the Morne Champagne Viewpoint).
- **Sea turtle watching** at L'Anse Dufour or L'Anse Noire.



*Dlo férré* (Petite Anse)



*Forêt Montravail  
(Montravail Forest)*

## Day 5

### Forests, Museums and coves: Sainte-Luce & Rivière-Pilote

#### MORNING / Sainte-Luce

- Forêt Montravail (Montravail Forest): A protected natural site with developed walking trails, ideal for a nature immersion.
- Coastal path: A walk between beaches and small coves, all accessible on foot.

#### AFTERNOON / Rivière-Pilote

- Martinique Ecomuseum: Dive into the rural, maritime, and pre-columbian history.
- Anse Figuier: A family-friendly beach and a great spot for snorkeling

## Day 7

### Rum & Héritage: Distillery Tour - Spirit Tourism

**A full day dedicated to discovering the craftsmanship and heritage of Martinican rum:**

- Trois Rivières à Sainte-Luce
- La Mauny à Rivière-Pilote
- Habitation A1710 au François
- Habitation Clément au François
- Braud & Quenesson au Marin

## Day

## 6

### Grands espaces : Le Marin & Sainte-Anne

#### MORNING / Le Marin

- La Duprey Viewpoint: a flamboyant tree-lined road (blooming from May to September) with views over the bay of Le Marin and Sainte-Anne.
- Morne Gommier Heights: a spectacular 360° panoramic view of southern Martinique.
- Cap Macré & Anse Grosse Roche: Wild, natural and unspoiled beaches.

#### AFTERNOON / Sainte-Anne

Hiking option:

- Piton Crève-Cœur: Stunning 360° views over Sainte-Anne Bay and the southern part of the island.
- Étang des Salines (Salines Pond) & Savanne des pétrifications (Petrification Savannah): observation of migratory birds from a dedicated viewing walkway.

Sea option:

- Boat trip to the islets of Sainte-Anne (departure from Cap Chevalier)
- Stop at Anse Michel
- Discovery of a unique nest-shaped photo spot

End of the day

- Stroll through Sainte-Anne village to discover local crafts and visit the church.



*Nid à l'Anse Michel (The Nest, Anse Michel)*

## WHAT CAN I DO?

Feel the South

*Nautical and coastal adventure!*

### Heading out to sea

A boat trip at sea at least one is a must during your stay in southern Martinique. From scuba diving to exploring nearby islets, a wide range of sea excursions awaits you.

Set off on an adventure from the anchorage areas and the three marinas of southern Martinique, and let yourself be enchanted by the gentle murmur of the waves.

#### ANCHORAGE AREAS AND MARINAS

##### An Invitation to Maritime Adventure

Dive into the heart of Martinique's turquoise waters and let yourself be carried away by the beauty of its coastline, its mysterious islands, and its seascapes nestled within an unspoiled natural setting.

Whether you are a leisure boater, a watersports enthusiast, or simply curious, southern Martinique offers a wide range of opportunities to enjoy the unique experience of a seaside escape.

A true beating heart of boating in Martinique, Le Marin Marina offers 830 berths alongside the quay and 150 mooring buoys. Renowned for the quality of its services, the marina invites you to fully enjoy its onshore facilities, including restaurants, shops, a bank, a laundromat and medical services.

**Contact details:**

Bassin Tortue, Le Marin, 97290 • +596 596 74 83 83

Website : [www.marina-martinique.fr](http://www.marina-martinique.fr) • Email : [contact@marina-martinique.fr](mailto:contact@marina-martinique.fr)

## THE ORGANIZED MOORING AREA OF LES ANSES-D'ARLET

The Organized Mooring Area (OMA) stretches along the bay of Les Anses-d'Arlet, between Grande Anse and Petite Anse. It includes 161 mooring facilities, allowing boaters to moor safely while helping to protect the seabed.

Practical services are available onshore, including access to drinking water, public restrooms, landing points, and waste collection facilities.

📍 114 rue Robert Deloy, Baie de Grande Anse, Les Anses-d'Arlet, 97217  
**+596 696 44 56 92 / +596 596 62 28 18**  
**/ VHF : Canal 09**  
**[mouillage-les-anses-arlet@espacesud.fr](mailto:mouillage-les-anses-arlet@espacesud.fr)**

## POINTE DU BOUT MARINA LES TROIS-ÎLETS

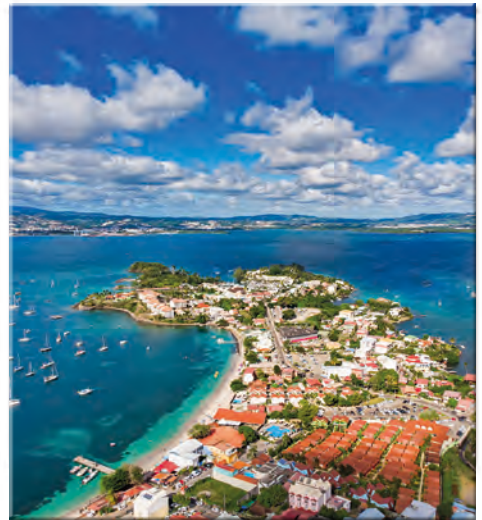
Located in the heart of the tourist area, the Les Trois-Îlets Marina offers 107 berths along the quay, as well as a wide range of boating excursions.

📍 Pointe du Bout, Les Trois-Îlets, 97229  
**+596 596 660 774**  
**Email : [marina.3ilets@marina3ilets.fr](mailto:marina.3ilets@marina3ilets.fr)**

## LE FRANÇOIS MARINA

Located at Pointe Bateau, Le François Marina has 150 onshore berths and 40 quay berths. This small, charming marina invites you to fully immerse yourself in the authentic Martinican atmosphere.

📍 Pointe Bateau, Quartier de la Presqu'île, Le François, 97240  
**0696 32 25 13 / +596 596 54 29 54**  
**Louis- Joseph Messager Directeur**



*Anse-Mitan, Trois-Îlets*



## UNDERWATER TRAILS

Sentier Lakay

### Discover the aquatic world

Follow the underwater trails and discover the treasures of the aquatic world! Both fun and educational, they will take you on a journey of unusual and exciting explorations.

#### **SENTIER LAKAY (LAKAY TRAIL) LES ANSES-D'ARLET** (Caribbean Coast)

Accessible directly from the village beach, this underwater trail features four educational buoys. It is an ideal spot to start your observation of the marine fauna and flora.

#### **SENTIER CAP SALOMON (CAP SALOMON TRAIL) LES ANSES-D'ARLET** (Caribbean Coast)

This underwater trail can be explored by boat or on foot via the Cap Salomon coastal path at Grande Anse. Five observation stations, marked and secured by buoys, allow you to safely discover the marine world.

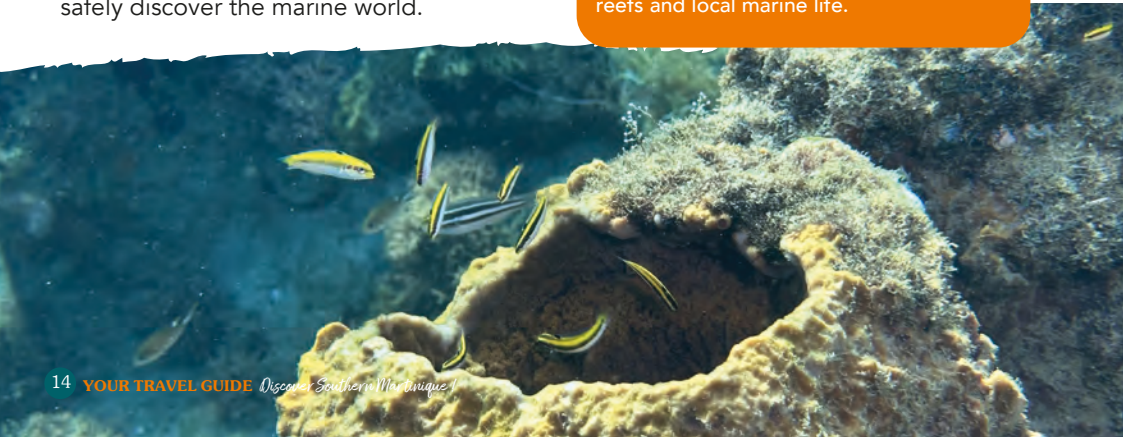
#### **SENTIER DES ÎLETS (ISLETS TRAIL) DU FRANÇOIS** (Atlantic Coast)

Stretching over 800 meters, this marked underwater trail is an ideal playground for sea lovers. With 16 yellow buoys and 6 informational buoys, it guides you through a rich and well-preserved underwater world.



#### **WARNING AND RECOMMENDATIONS**

Swimming along these trails is unsupervised; it is therefore essential to swim with caution and never alone. The use of a life jacket or a buoyancy aid is strongly recommended. Please respect the coral reefs and local marine life.





*Dive into the South and uncover the exceptional variety of its underwater sites!*

In addition to the underwater trails, the South boasts a magical variety of remarkable dive sites:

### **THE NAHOON WRECK**

Accessible to certified divers, it offers a fascinating immersive experience inside a deliberately sunk ship.

### **DIAMOND ROCK**

An iconic landmark, spectacular in both its shape and its history.



### **POINTE BURGOS & CAP SALOMON**

Dramatic drop-offs, colorful corals, tropical fish... a true feast for the eyes.

### **POINTE DE LA BALEINE & POINTE BORGNESE**

Perfect for beginners, featuring coral gardens and a rich variety of marine life.

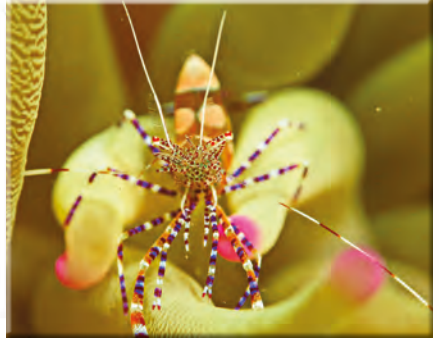
### **LES TROIS VALLÉES (THE THREE VALLEYS)**

A more technical site, yet raw and strikingly beautiful, with underwater canyons and magical light effects.



**In the South, every dive is unique, thanks to:**

- **Varied topography:** drop-offs, caves, wrecks, and coral plateaus.
- **Sands of different colors:** white or black, depending on the coast.
- **Biodiversity:** turtles, barracudas, angelfish, lobsters, and occasionally even rays...
- **Accessibility:** whether it's your first dive or you're an experienced diver, there's something for everyone.



*Crevette du Yucatan*



**TIPS**

The dive clubs in the South are as numerous as they are diverse, and they are valuable partners. Thanks to their knowledge of local conditions, currents, and the best times to visit each site, they will tailor outings to suit your level and preferences. Contact the Association of Professional Dive Centers of Martinique (Martinique Destination Plongée on Facebook) for personalized guidance and an optimal diving experience!





Plage du Bourg

## THE BEACHES

### Your perfect sandy escape

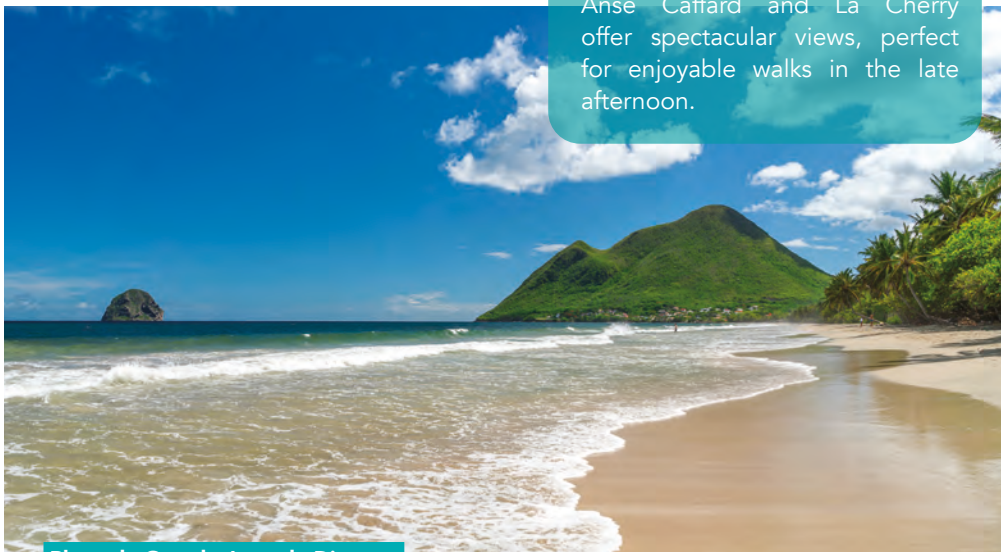
The southern part of Martinique is a true invitation to escape, with nearly 40 beaches lining the coastline and offering postcard-worthy scenery. Each beach is unique: turquoise waters to cool off in, hidden coves for peaceful relaxation, and long stretches of sand ideal for sharing special moments—whether you are traveling alone, as a couple, or with family.

### LES ANSES-D'ARLET

Offers an authentic charm, perfect for snorkeling enthusiasts. Discover Anse Dufour and Anse Noire, famous for sea turtle sightings. Grande Anse and the village beach welcome you with their peaceful shores, while Petite Anse captivates visitors with its intimate atmosphere.

### LE DIAMANT

Famous for its majestic Grande Anse du Diamant, where the horizon stretches toward the Diamond Rock. On either side, Anse Caffard and La Cherry offer spectacular views, perfect for enjoyable walks in the late afternoon.



Plage de Grande Anse du Diamant



Cap Macré

## LE MARIN

Invites you to explore natural treasures such as Pointe Borgnèse, Cap Macré, and Grand Macabou—wild beaches ideal for relaxation and contemplation.



*Plage de l'Anse Figuiér*

## RIVIÈRE-PILOTE

Let yourself be charmed by Anse Figuiér, a small paradise known for its calm waters and shaded picnic areas.

Pointe du Bout

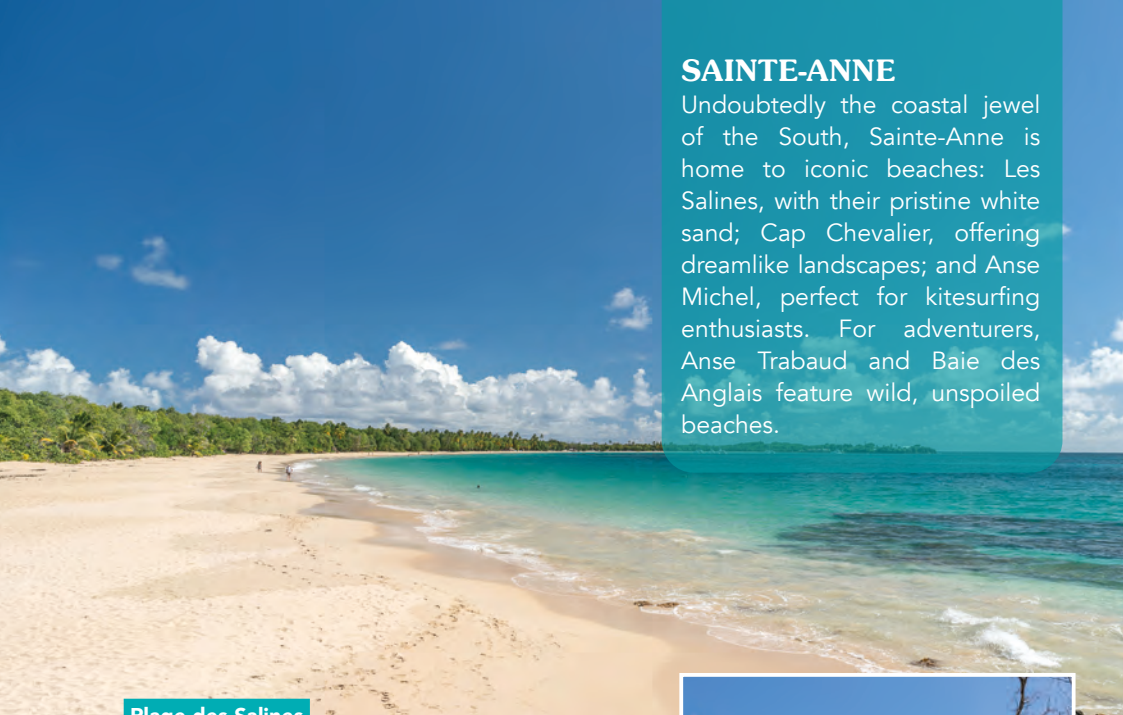


## SAINTE-LUCE

Welcomes you with its charming coves, such as Anse Mabouya, Corps de Garde, and Fond Banane—perfect spots for an afternoon of relaxation to the gentle rhythm of the waves.

## LES TROIS-ÎLETS

From the lively atmosphere of Anse Mitan and Pointe du Bout to the peaceful charm of Anse-à-l'Âne, these beaches offer a coastal experience as varied as it is enchanting.



## SAINTE-ANNE

Undoubtedly the coastal jewel of the South, Sainte-Anne is home to iconic beaches: Les Salines, with their pristine white sand; Cap Chevalier, offering dreamlike landscapes; and Anse Michel, perfect for kitesurfing enthusiasts. For adventurers, Anse Trabaud and Baïe des Anglais feature wild, unspoiled beaches.

Plage des Salines



*Trou Cochon*

## LE VAUCLIN

In Le Vauclin, the beaches charm visitors with their natural beauty and peaceful atmosphere. Don't miss Trou Cochon, a small, tranquil cove surrounded by mangroves, perfect for swimming and relaxation.



Plage de l'Anse Michel



## **ANSE FIGUIER (RIVIÈRE-PILOTE)**

A small bay lined with coconut trees and calm, shallow waters, making it perfect for children. Onshore facilities include restrooms, picnic tables, and a museum showcasing local heritage.

## **FAMILY-FRIENDLY** beaches



## **GRANDE ANSE (LES ANSES-D'ARLET)**

A long stretch of golden sand featuring restaurants and breathtaking views. A popular spot for beachfront snorkeling.

## **CORPS DE GARDE (SAINTE-LUCE)**

A long-shaded beach with picnic areas, perfect for a full day by the water. Easy access and often lively on weekends.



## **GRANDE ANSE (LE DIAMANT)**

Facing the famous Diamond Rock, this wide beach offers exceptional views. The waves can be strong, but the atmosphere is friendly and lively.



## POINTE FAULA (LE VAUCLIN)

Thanks to its steady winds and calm, shallow waters, Pointe Faula is one of the best spots in Martinique for kitesurfing, windsurfing, and sailing.



**Unique features :** It is possible to walk up to 400 meters from the shore in water that is no deeper than 50 cm, making it especially safe and enjoyable.



## POINTE MARIN (SAINTE-ANNE)

An iconic white-sand beach with excellent facilities, located close to restaurants and water sports activities. Ideal for a relaxing family day at the beach.

## SECLUDED AND INTIMATE beaches

### ANSE GROSSE ROCHE (LE MARIN)

A small cove surrounded by volcanic rocks. Perfect for visitors seeking peace, quiet, and raw natural scenery.



Famous for its heart-shaped rock (a natural phenomenon), this beach offers an idyllic setting for stunning, Instagram-worthy photos





### **ANSE MICHEL (CAP CHEVALIER, SAINTE-ANNE)**

A paradise for kitesurfers and nature lovers. Its shallow waters, protected by the coral reef, make it an ideal beach for families.

### **ANSE GRAND MACABOU (LE MARIN)**

A vast, wild beach lined with coconut palms, Anse Grand Macabou captivates visitors with its authentic charm and soothing atmosphere. As the starting point of the famous Trace des Caps coastal trail, it is an ideal spot for hiking, picnicking, or simply enjoying breathtaking natural scenery overlooking the Atlantic Ocean.

### **ANSE PETIT MACABOU (LE VAUCLIN)**

Tucked away not far from its larger sister beach, Anse Petit Macabou is a small, intimate, and unspoiled cove bordered by golden sand and lush tropical vegetation.

Calmer and more sheltered than Grand Macabou, it invites visitors to relax, swim, and enjoy a peaceful picnic.

Popular with families and walkers seeking authenticity, this beach offers a serene atmosphere far from the bustle of mass tourism.





## **ANSE MEUNIER** commonly known as **Anse Moustique** (SAINTE-ANNE)

A discreet extension of Les Salines Beach, offering a more intimate setting. Crystal-clear waters, swaying palm trees, and a true end-of-the-world atmosphere.



The name “Moustique” comes from the presence of mosquitoes in the late afternoon. We recommend bringing a natural insect repellent, so they don’t give you too warm a welcome!

## **ANSE AU BOIS (SAINTE-ANNE)**

A peaceful, hidden beach with a wild feel, ideal for relaxing away from the main tourist routes.

## **ANSE LA BALLE (CAP CHEVALIER, SAINTE-ANNE)**

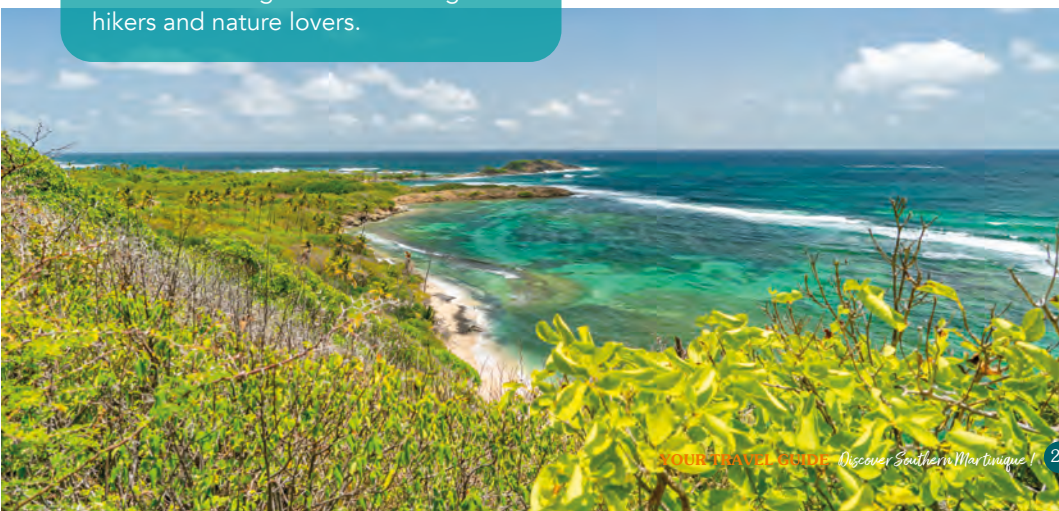
Accessible only on foot, this beach charms visitors with its raw beauty and secluded setting. A true hidden gem for hikers and nature lovers.

## **ANSE TRABAUD** (SAINTE-ANNE)

One of the wildest beaches in the south of the island, accessible via an unpaved track. Golden sand, powerful waves, and unspoiled nature guarantee a complete change of scenery.

## **ANSE À PRUNES** (SAINTE-ANNE)

A secluded beach facing Îlet Cabrits, reachable on foot from the Trace des Caps trail. Ideal for those seeking absolute peace and quiet.





## ANSE NOIRE (LES ANSES-D'ARLET)

Less touristy and quieter than its neighbor Anse Dufour, Anse Noire charms visitors with its intimate atmosphere., it offers a pristine setting ideal for swimming and snorkeling in complete peace.



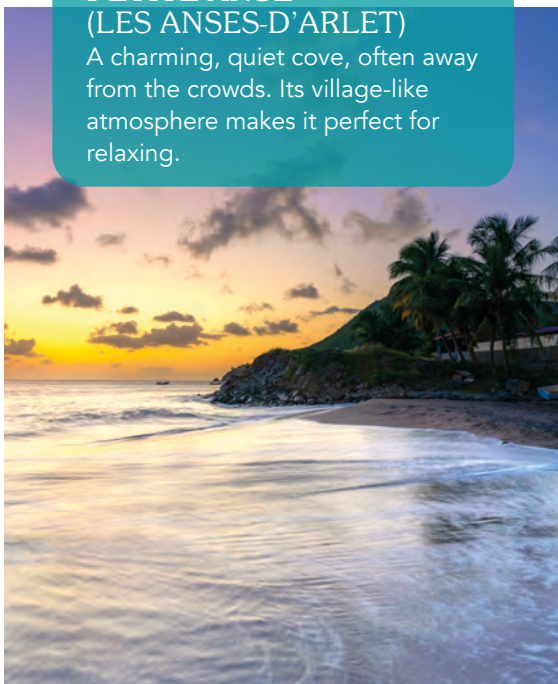
It's the only black-sand beach in southern Martinique, a volcanic legacy that gives it its distinctive character.

## ANSE MABOUYA (SAINTE-LUCE)

A peaceful beach with shaded spots. Quiet and uncrowded, perfect for reading or a relaxing swim.

## PETITE ANSE (LES ANSES-D'ARLET)

A charming, quiet cove, often away from the crowds. Its village-like atmosphere makes it perfect for relaxing.



**NOTE:** Early in the morning, you might be lucky enough to witness a coup de senne — a traditional net fishing method.



## SAFETY TIPS FOR ENJOYING THE BEACH

Although these beaches are peaceful havens, swimming is unsupervised, and some areas can be dangerous due to strong currents. Please exercise caution.

Watch out for manchineel trees! These shrubs, recognizable by their small green fruits are extremely toxic. Even touching the leaves or fruits can cause severe burns. On some beaches, these trees are marked with a red circle on the trunk — avoid them at all costs!

In recent years, some beaches may be affected by sargasse seaweed. While it can be unpleasant due to its smell or appearance, it primarily reflects an environmental issue related to the fragile balance of marine ecosystems. Its presence is a reminder of the importance of protecting our coasts and oceans.

## WHAT CAN I DO?

Feel the South

*Rural and nature getaway*



### Rock climbing

Morne Larcher

#### Thrills and Adventure in the Heart of Untamed Landscapes

Whether you're a thrill-seeker or simply curious to try rock climbing, southern Martinique offers a wide range of sites where you can test your skills on natural rock faces and experience adrenaline in the great outdoors. Beginners and experienced climbers alike will find a variety of routes suited to all skill levels, all set against an idyllic natural backdrop.

#### THE BEST SPOTS FOR CLIMBING

##### LE ROCHER LECLERC LE FRANÇOIS

This iconic site allows climbers to scale an isolated monolith — an 86-meter-high volcanic chimney — offering breathtaking views over Robert and François islets, as well as panoramic vistas of Mount Vauclin and the Pitons.

The routes are varied and designed to test endurance while enjoying spectacular scenery.





## MORNE CHAMPAGNE CLIFF

### LES ANSES-D'ARLET

Rising 150 meters above sea level, this cliff features technical climbing routes with exceptional panoramic views over the Caribbean Sea. It is a perfect spot for experienced climbers, while remaining accessible to beginners thanks to inclusive routes.

## CAP SALOMON BOULDERING SITE LES ANSES-D'ARLET

Dedicated exclusively to bouldering, this site offers short yet intense challenges on spectacular rock formations. The wild, unspoiled setting of Cap Salomon makes it an ideal spot for outdoor climbing enthusiasts.

## ROCHER ZOMBI RIVIÈRE-PILOTE

A more intimate and mysterious site, where the boulders offer a wide variety of holds and difficulty levels. Ideal for those seeking a quieter yet equally rewarding climbing experience.



Each site offers a wide range of routes, from easy climbs to more technical lines for thrill-seekers in search of excitement.

For detailed information on routes and difficulty levels, you can contact the Martinique branch of the French Federation of Mountaineering and Climbing  
**+596 696 21 88 50 / +596 696 35 23 70**

Îlet chevalier, Sainte-Anne

# Hiking trails

A journey into the heart of the South's wild and diverse landscapes.

Southern Martinique, with its breathtaking scenery, is a true playground for hikers. Paradise beaches, lush forests, rolling green hills, and majestic cliffs — each trail offers a unique experience. Whether you're looking for a leisurely walk or a more challenging hike, the South has plenty of wonderful surprises in store.

## TOP HIKING TRAILS

### LES ANSES-D'ARLET

*Seaside, serenity and nature*

#### CAP SALOMON :

🕒 2hrs - 🚶 2,8 km

A short but intense trail offering lush vegetation and connecting the beaches of Grande Anse and Anse Dufour.

#### GALLOCHAT - GRANDE ANSE :

🕒 3hrs - 🚶 7 km

Varied landscapes, alternating between wild beaches and lush green hills.

**DLO FERRÉ :** 🕒 30 min - 🚶 750 m

An easy walk to discover a ferruginous freshwater spring in a well-preserved natural setting.



*Dlo Ferré*

#### RANDONNÉE PLAGE DU BOURG - GRANDE ANSE

🕒 1hr 🚶 1,5 km

A family-friendly walk suitable for all, passing through Morne Champagne.

## LE DIAMANT

*Where the sea meets the mountains*

### MORNE LARCHER :

🕒 3hrs - 🧑 3,5 km

A demanding trail leading to the summit, offering spectacular views over the bay and the iconic Diamond Rock. An alternative starting point is also available from Les Anses-d'Arlet.



*Mangrove à Taupinière*

### TAUPINIÈRE O'MULLANE :

🕒 1hs 30min - 🧑 4 km

An easier route following former fishermen's paths, showcasing a wide variety of tropical landscapes.

## LE MARIN

*A diversity of tropical landscapes*



### GRAND MACABOU ESTATE :

🕒 1hr - 🧑 3 km

A walk through dense tropical forest with breathtaking views over the surrounding beaches. This hike, part of the Trace des Caps, can start from either Le Marin or Le Vauclin.

### CAP MACRÉ - CAP CHEVALIER :

🕒 3hrs - 🧑 7 km

A coastal hike along wild shorelines, ideal for nature lovers.



### HIKING SAFETY TIPS

- Always check trail conditions before setting off.
- Contact the Hiking Committee (+596 596 70 54 88) or the National Forestry Office (+596 596 60 70 70) for up-to-date information.
- Stay hydrated, protect yourself from the sun, and bring a flashlight and a basic first-aid kit.
- Respect nature: leave no trace behind.

## SAINTE-ANNE

*In the heart of nature*



### PITON CRÈVE-CŒUR :

🕒 1hr 30min - 🧑 2 km

Short but intense, with spectacular views over southern Martinique.

### LA TRACE DES CAPS :

🕒 8 to 12 hrs ou 5 sections de 1 hr 30min à 3 hrs - 🧑 34 km (one way)  
ou 5 sections rancing from 4,5 et 7 km

A long-distance trail crossing the Sainte-Anne peninsula, linking Anse Caritan to Macabou. It takes hikers from the Caribbean Sea to the Atlantic Ocean, passing along several of Martinique's most iconic beaches, including Les Salines, Anse Trabaud, and Anse Michel.

## RIVIÈRE-SALÉE

### LES MANGLES - TRENELLE :

🕒 1hr 30min - 🧑 6 km

Fields and plantations, with panoramic views of the sea and surrounding mountains.



Throughout the year, the South Martinique Tourist Office offers a selection of hikes and guided walks to rediscover the region in a different way.

**Follow us on social media: @sudmartinique**

## Trace des Caps, Sainte-Anne





# Martinique, simply beautiful

## Discover the Natural Beauty of the South

From the beach to the forest, it's often just a few steps. The southern coastline is lined with forests that form a natural setting around sandy beaches, inviting you to completely immerse yourself in nature.

There are three main types of forests:

- Xerophilous forest (dry)
- Mesophilous forest (semi-humid)
- Mangrove

Some forests are equipped for visitors, with marked trails, benches, picnic tables, and shelters.

## Must-Sees



### SAINTE-LUCE

#### **FORÊT MONTRAVAIL** : 4 km loop

Featuring engraved rocks, a vestige of indigenous heritage.

### LES TROIS-ÎLETS

#### **FORÊT VATABLE** : 2.6 km loop

Enjoy views of the mangrove, the sea, and Îlet Gros-Îlet.

### LES ANSES-D'ARLET

#### **UNDERWATER TRAIL "LAKAY"**

A snorkeling trail with views of Saint-Henri Church and the pier.





**LE FRANÇOIS  
LA BAIGNOIRE DE JOSÉPHINE** : A sandbank  
with crystal-clear waters, perfect for swimming.



**DUCOS  
MANGROVE  
DE GÉNIPA** :  
1,200 hectares of  
mangroves, home  
to exceptional  
biodiversity.

**LE ROCHER DU  
DIAMANT** :  
A 176-meter-high volcanic  
islet, visible from the coast.



**LE MARIN  
ANSE GROSSE  
ROCHE** : A rocky  
formation in the shape of  
a heart, set in white sand.





## RIVIÈRE SALÉE

**PONT BAC** : A historical landmark, built in 1892.

## RIVIÈRE-PILOTE

**ROCHER ZOMBI** : An 80-meter-high volcanic remnant and historic site.



## SAINTE-ANNE SAVANE DES PÉTRIFICATIONS :

A geological cross-section of an ancient eroded volcano.



## LES TROIS-ÎLETS

### VILLAGE DE LA POTERIE :

An 18th-century pottery village accessible via a clay pathway.

## LE SAINT-ESPRIT POINT DE VUE DU MORNE BALDARA :

Panoramic views of the Caribbean Sea and the Atlantic Ocean





LE VAUCLIN  
**TROU COCHON** : A turquoise natural pool nestled in the heart of the mangrove.

“ Explore the diverse landscapes and rich natural beauty of Southern Martinique, **a true haven for nature lovers.** ”

## OUR GARDEN



*Colibri huppé*  
(Crested Hummingbird)



*L'Anolis*



*L'Atoumo*

In Southern Martinique, gardens provide a peaceful natural interlude. Vibrant tropical plants, fruit trees, and fragrant blossoms reveal the very soul of the island. Hummingbirds in flight, melodious bananaquits, curious lizards, and remarkable insects animate these lush settings. The region is also home to Creole gardens, where medicinal plants with enduring virtues embody Martinique's heritage, authenticity, and ancestral wisdom. These gardens are perfect for both peaceful strolls and discovering nature's rich biodiversity, with the beautiful landscapes of the South as a backdrop.



*Le sucrier à ventre jaune*  
(The bananaquit)

## WHAT CAN I DO?

Feel the South

*Cultural and historical getaway*



Village de la poterie, Les Trois-Îlets

Southern Martinique is a true treasure where history and culture come together to offer a unique experience. From historical sites to living traditions, every corner of the region invites discovery. Whether you are passionate about history, a lover of culture, this journey will lead you to the cultural and heritage treasures that shape the soul of Martinique.

## MUSEUMS

Do not miss visiting the museums (habitations), and distilleries. You will be fully immersed in the history and culture of Southern Martinique.

### RIVIÈRE-PILOTE

#### MARTINIQUE ECOMUSEUM

Discover the history of Martinique from the pre-Columbian period to the present day.

⌚ Low season: Monday to Friday, 8:30 a.m. – 3:00 p.m. (Closed on Saturdays and Sundays)

High season: Tuesday to Friday, 8:30 a.m. – 5:00 p.m. Saturday, 8:30 a.m. – 1:00 p.m. (Closed on Sundays)

📍 Anse Figuier, 97211 Rivière-Pilote  
+596 596 62 79 14 / [ecomusee@ctm.mq](mailto:ecomusee@ctm.mq)



## LES TROIS-ÎLETS

### SEA MUSEUM

Local marine biodiversity, shells, and marine species.

🕒 High & low season: Monday to Sunday: 9:00 a.m. – 6:00 p.m.

📍 Village de la Poterie, 97229 Les Trois-Îlets

**+596 596 69 70 98**

**contact@musee-de-la-mer-martinique.fr**



### SUGAR CANNE MUSEUM

History of sugar cane in Martinique and the rum-making process.

🕒 Low season: Tuesday to Friday: 8:00 a.m. – 3:00 p.m. Saturday: 8:00 a.m. – 1:00 p.m.

High season: Tuesday to Friday: 8:00 a.m. – 5:30 p.m. Saturday: 8:30 a.m. – 1:00 p.m.

/ 2:00 p.m. – 5:00 p.m.

📍 Pointe Vatable, 97229 Les Trois-Îlets

**+596 596 68 32 04**

**eric.lauzea@collectivitedemartinique.mq**



### LA PAGERIE MUSEUM

Life of Joséphine de Beauharnais, Marie Joséphe Rose de Tascher de la Pagerie, Empress of the French.

🕒 Low season: Tuesday to Friday: 9:00 a.m. – 4:30 p.m. Saturday: 9:30 a.m. – 2:30 p.m.

High season: Tuesday to Friday: 9:00 a.m. – 4:30 p.m. Saturday: 9:30 a.m. – 2:30 p.m.

📍 Quartier Pagerie, 97229 Les Trois-Îlets

**+596 596 80 71 00**

**museedelapageriecollectivitedemartinique.mq**



### SAVANE DES ESCLAVES

Recreation of traditional villages and the daily lives of enslaved people.

Medicinal plant garden.

🕒 Low season: Monday to Sunday: 9:00 a.m. – 1:30 p.m.

High season: Monday to Saturday: 9:00 a.m. – 6:00 p.m. Last admission at 4:30 p.m. Sunday: 9:00 a.m. – 1:00 p.m. Last admission at 11:30 a.m.

📍 La Ferme, 97229 Les Trois-Îlets

**+596 596 68 33 91**

**lasavanedesesclaves@wanadoo.fr**



## MANGROVE HOUSE

Discover the mangrove ecosystem, its fauna, flora, and ecological role.

🕒 Tuesday to Thursday: 9:00 a.m. – 4:00 p.m.  
Friday & Saturday: 9:00 a.m. – 2:00 p.m.

📍 Habitation Vatable, 97229 Les Trois-Îlets  
**+596 596 52 35 39**



## VILLAGE DE LA POTERIE

Local craftsmanship and traditional pottery.

🕒 Monday to Saturday: 9:00 a.m. – 6:00 p.m.  
Sunday: 10:00 a.m. – 1:00 p.m.

📍 97229 Les Trois-Îlets  
**+596 596 68 24 64**  
**poterie3ilets@wanadoo.fr**



## LE DIAMANT

### BERNARD DAVID MUSEUM SPACE

History of the town of Le Diamant, famous for its bay and iconic rock.

🕒 Monday to Friday: 8:30 a.m. – 5:30 p.m.  
Saturday: 9:00 a.m. – 12:00 p.m.

📍 39 rue Justin Roc, 97223 Le Diamant  
**+596 596 66 07 36**





## PLANTATIONS (HABITATIONS), AND DISTILLERIES

Rum and its production have played a major role in the history and culture of Martinique. In the southern part of the island, five plantations (habitations) linked to rum production welcome visitors for a rewarding tour. It's the perfect opportunity to taste an AOC rum (Appellation d'Origine Contrôlée) and discover the secrets behind its making!

### LE FRANÇOIS

#### DISTILLERY A 1710

A unique place where rum is produced using ancestral know-how.

Learn about the history of rum in Martinique and taste a range of renowned rums.

🕒 Monday to Saturday: 9:00 a.m. – 5:00 p.m.

Sunday: 9:00 a.m. – 12:30 p.m.

📍 RN6, Quartier Petite France  
**+596 696 08 26 30 / contact@a1710.fr**



### HABITATION CLÉMENT

One of Martinique's most famous historic plantations.

Explore its history, 19th-century buildings, and remarkable garden while learning about rum production.

🕒 Monday to Sunday: 9:00 a.m. – 6:30 p.m.

📍 D6, Domaine de l'Acajou  
**+596 596 54 62 07**



## RIVIÈRE-PILOTE

### MAISON LA MAUNY

Founded in 1749, one of Martinique's oldest distilleries.

Discover the different varieties of rum, their aging process, and the distillation methods.

🕒 Monday to Saturday: 9:00 a.m. – 5:30 p.m.

📍 D8, Rivière-Pilote  
**+596 596 62 18 79**



## SAINTE-LUCE

### DISTILLERY TROIS-RIVIÈRES

A historic plantation known for its high-quality rum and magnificent estate. Learn about sugar cane cultivation and the production of agricultural rum (rhum agricole).

🕒 Monday to Saturday: 9:00 a.m. – 5:15 p.m. Closed on Sundays

📍 D7, Sainte-Luce  
**+596 596 62 51 78**



## LE MARIN

### DISTILLERY BRAUD & QUENNESSON

Reborn on the ruins of a former sugar factory founded in 1869. Produces exceptional agricultural rum from cane grown on site.

An immersive visit through heritage, landscapes, and flavors.

🕒 Monday to Sunday: 9:00 a.m. – 5:00 p.m.

📍 Habitation Grand-Fonds - Le Marin  
**+596 596 74 10 01**





## LES ANSES-D'ARLET

### SAINT-HENRI CHURCH

- **Overview:** This 17th-century church was destroyed several times by fires and storms before being restored. It is renowned for its stained-glass windows created by master glassmaker Léon Tournel in 1975.
- **Status:** Listed in the supplementary inventory of historical monuments in 1995.

## CHURCHES

### *Places of Worship, Life, or Remembrance*

The churches of southern Martinique are precious witnesses of the island's history and religious heritage. They are essential stops when exploring this beautiful region.

Martinique is home to numerous historic churches, mostly built between the 17th and 19th centuries. Many were devastated by fires and hurricanes before being rebuilt, making them key witnesses to the island's history.

Seven churches in the South are listed or classified as historical monuments, offering insight into the region's religious architecture and heritage.



## LE DIAMANT

### SAINT-THOMAS CHURCH

- **Overview:** Inaugurated in 1829, this church is inspired by Baroque architecture and built on a basilica plan. It was renovated in 1983 after sustaining significant damage over the years.
- **Status:** Listed in the supplementary inventory of historical monuments in 1979.

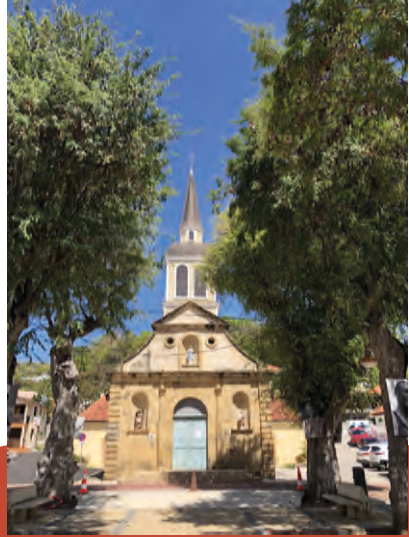
## DUCOS

### NOTRE-DAME-DE-LA-NATIVITÉ CHURCH

- **Overview:** Built in 1830, this church is an excellent example of 19th-century religious architecture. Its ceiling was elaborately decorated in 1877.
- **Status:** Listed in the supplementary inventory of historical monuments in 1989.



## SAINTE-ANNE



### NOTRE-DAME DE SAINTE-ANNE CHURCH

- **Overview:** This church features architecture blending Jesuit styles from the 17th and 18th centuries. It was destroyed by a cyclone and fire, then rebuilt in 1824.
- **Status:** Listed in the supplementary inventory of historical monuments in 1990.



## LE MARIN

### SAINT-ÉTIENNE CHURCH

- **Overview:** Built in 1830, this church is an excellent example of 19th-century religious architecture. Its ceiling was elaborately decorated in 1877.
- **Status:** Listed in the supplementary inventory of historical monuments in 1989.

## LES TROIS-ÎLETS

### NOTRE-DAME DE LA BONNE-DÉLIVRANCE CHURCH

- **Overview:** An iconic site in the history of Martinique, known for its architecture and for being the place where Joséphine de Beauharnais was baptized.
- **Status:** Classified as a historical monument in 1995.



## LE SAINT-ESPRIT



### CHURCH OF THE HOLY SPIRIT

- **Overview:** Built at the end of the 19th century and restored in 1907, this church is famous for its bell, "Sébastopol", brought back from the Crimean War.
- **Status:** Listed in the supplementary inventory of historical monuments in 1995.





## OTHER HERITAGE SITES

These heritage sites offer a glimpse into the history and cultural richness of Martinique, allowing visitors to explore the island's soul and legacy.

Discover the hidden treasures of southern Martinique through iconic locations that shape both its landscape and history—a true invitation to travel through time.

### LE DIAMANT

#### MAISON DU BAGNARD

A colorful wooden house built in the early 1960s by self-taught artist Médard Aribo, located at the foot of Morne Larcher and facing the Rocher du Diamant. Its name reflects the history of its creator, who built it after returning from the penal colony (bagne).



### MEMORIAL DU CAP 110

Built in 1998 to commemorate the 150th anniversary of the abolition of slavery, this memorial honors the enslaved people who died in the shipwreck of a clandestine slave-trading vessel in April 1830.

The commemorative statues rise above the cliffs, overlooking the rocks where the ship ran aground.

Designed by Martinican artist Laurent Valère, the Memorial Cap 110 was named the "Greatest Museum of France" in 2024.

**Localisation:** Departmental Road 37, between Memorial Cap 110 and the Petite-Anse district of Les Anses-d'Arlet.

## LE FRANÇOIS

### HABITATION CLÉMENT

A fine example of traditional Caribbean architecture, featuring a masonry base and a wooden superstructure dating from the second half of the 18th century.

## RIVIÈRE-PILOTE

### COVERED MARKET

An outstanding example of local architecture. This early 20th-century metal-framed market houses fresh fruits, vegetables, spices, and local crafts

## SAINTE-ANNE

### RUINS OF CRÈVE-CŒUR

Ruins of a former sugar plantation at the foot of Piton Crève-Cœur, an extinct volcano offering panoramic views accessible via the hiking trail of the same name.

## LE SAINT-ESPRIT

### SAINT-ESPRIT TOWN HALL

Built between 1921 and 1924, notable for its entrance courtyard, façade, and roof.

### COVERED MARKET

A metal-framed covered market built in the early 20th century, featuring a cast-iron fountain signed Chappé & Sons.

## SAINTE-LUCE

### ENGRAVED ROCKS (ROCHES GRAVÉES)

Vestiges d'art rupestre précolombien.

## LES TROIS-ÎLETS

### MARKET

A covered market constructed in 1929 by engineer Léon Dubois.

Metal structure measuring 8 m by 24 m, 3.75 m high, and covered with sheet metal.

## LES ANSES-D'ARLET

### ATLAS CINÉMA

Built in 1903 to house the mutual insurance company Le Peuple, the building gradually became a cinema, showing silent films and later becoming a cultural hub for 70 years.

The cinema gained fame thanks to Athanase Dorival, projectionist and director for over 50 years.

It was the last independent cinema on the island and closed in 2013 with the arrival of digital cinema. Its story was later captured in the documentary "La Dernière Séance".



## WHAT CAN I DO?

Feel the South  
*Cultural and living heritage getaway*



## YOLE RONDE AND GOMMIER

### INTRODUCTION

The modern-day yole ronde, born in the 1940s in Le François, is the product of traditional boatbuilding skills. Originally used for fishing and transport, it has become a cultural symbol of Martinique. Since 2020, the Yole Ronde has been recognized as Intangible Cultural Heritage by UNESCO.

Every year at the end of July, the Tour de Martinique des Yoles Rondes attracts thousands of spectators to witness this spectacular regatta.

The Gommier, older and more traditional, is carved directly from the trunk of its namesake tree. Once dominant in Caribbean waters, the Gommier reflects centuries of maritime heritage. Two boats, two histories, but a shared passion: the sea, competition, and tradition.

Today, several clubs and associations offer excursions in Yoles Rondes or Gommiers, providing a unique opportunity to learn traditional sailing techniques alongside passionate local sailors.





## TRADITIONAL MUSIC AND DANCES

The **Bèlè**, an African heritage and a jewel of Martinique's cultural patrimony, is both a dance, a music style, and a musical instrument. It exists in several forms, including the **Bèlè Lisid**, originating from Les Trois-Îlets, Les Anses-d'Arlet, and Le Diamant. This form is performed either in a "won" (circle) or in a dispersed formation. Danced in pairs, it can involve 2 to 12 participants, emphasizing improvisation, interaction with musicians, and freedom of movement.

Emerging during the era of slavery, the **Haute Taille** is a traditional dance derived from the 17th-century quadrille. Led by a singer known as the "commandeur", it is based on a lively dialogue between the voice, music, and dancers.

These traditions are still very much alive today during festivals, such as the **Festival Tanbou Lézens** in Les Anses-d'Arlet, dedicated to percussion, and the **International Haute Taille Festival** in Le François, which brings together dancers from around the world.

Whether as a spectator or a participant, these events offer a unique immersion into the musical and choreographic soul of Martinique.

### *Populars festivals & historicals commemorations*

**CHANTÉ NWÈL**  
(november - décembre)

Starting in November, families gather to sing Christmas carols in Creole, accompanied by traditional instruments such as the ti-bwa and cha-cha. These free, open-air concerts are joyful and convivial, continuing up until Christmas.



## CARNIVAL (february - march)

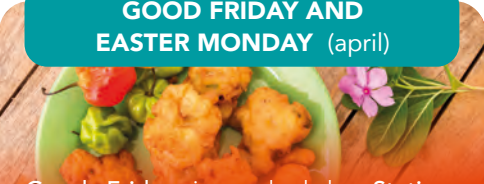


One of the highlights of the year, Carnival blends African and European heritage. Each day has its own theme:

- **Lundi Gras (Shrove Monday)**: burlesque weddings
- **Mardi Gras (Shrove Tuesday)**: red and devil-themed costumes
- **Ash Wednesday**: black and white attire

Parades, dances, and the Grand Southern Parade bring the entire island to life.

## GOOD FRIDAY AND EASTER MONDAY (april)



Good Friday is marked by Stations of the Cross and traditional meals featuring marinades, fritters (accras), and vegetables.

Easter Monday celebrates the famous crab matoutou, also enjoyed at Pentecost, fostering moments of sharing and conviviality.

## MAY 22 ABOLITION OF SLAVERY

A public holiday commemorating the 1848 uprisings. The day is marked by torchlight marches, ceremonies, and Bèlè drumming, honoring the struggle for freedom.

## TOUR DES YOLES (july – august)



A major sporting and cultural event where the Yoles Rondes sail around the island in several stages. Spectacular regattas are followed both at sea and along the beaches, creating a festive atmosphere.

## KEY DATES

(june – december)

Each town also celebrates its patron saint with music, dance, and cultural activities.

### Key dates

Les Trois-Îlets	February 2
Le Saint-Esprit	Pentecost
Rivière-Salée	June 24
Le Vauclin	June 24
Le Diamant	July 3
Les Anses-d'Arlet	July 15
Sainte-Anne	July 26
Ducos	September 8
Le François	September 29
Rivière-Pilote	December 8
Sainte-Luce	December 13
Le Marin	December 26 (festivities held on the first Sunday of January)

## INSURRECTION OF THE SOUTH (september)

Commemorates the 1870 revolt in Rivière-Pilote and southern Martinique, where insurgents protested social injustices. A monument in Rivière-Pilote pays tribute to their fight for justice.

The local tourism office helps visitors experience these events, both on land and at sea! **Follow the program on social media: @sudmartinique**



## GOLF & CASINO

*Relaxation and  
Entertainment in the Heart  
of Southern Martinique*

Southern Martinique is not limited to outdoor activities; it also offers a refined leisure experience with its **golf course** and **casino**.

### THE GOLF COURSE

*A Prestigious Course in Les Trois-Îlets*

The **Martinique Territorial Golf Course**, set on a 5,812-meter course, is the island's only 18-hole golf course.

It caters to players of all levels, featuring immaculate fairways and highly technical greens.

Designed in 1976 by architect Robert Trent Jones, the course is located in Les Trois-Îlets, in an exceptional natural setting.



🕒 Monday to Sunday: 8:00 a.m. – 5:00 p.m.

📍 Rue des Trois Chandelles, 97229 Les Trois-Îlets  
**Contact : +596 596 59 84 48**



## THE CASINO

*Place your bets in Les Trois-Îlets*

The **Casino des Trois-Îlets** is a must-visit destination for those looking to try their luck. It offers a wide range of games, including slot machines, table games, and more. **The upstairs restaurant features a refined menu, perfect for extending your evening in an elegant setting.**

“ Southern Martinique offers a complete range of activities: moments of relaxation between land and sea, a variety of sports, and something for everyone. The destination also provides upscale entertainment options, ensuring enjoyable days where leisure and comfort come together seamlessly.



📍 24 Rue des Bougainvilliers,  
Les Trois-Îlets

**Contact : +596 596 66 00 30**

🕒 **Casino opening hours:**

Open daily from 11:00 a.m.  
to 3:00 a.m.

**Restaurant opening hours:**

Open Tuesday to Saturday,  
from 7:30 p.m. to 11:00 p.m.



## WHAT CAN I DO?

Feel the South

*Authentic  
and traditional getaway*

### A living heritage

*Between tradition and creativity*

Southern Martinique is a true melting pot of artisanal know-how, inherited from Pre-columbian, African, and European cultures. Passed down from generation to generation, this craftsmanship reflects the ingenuity and creativity of Martinican artisans. These manual practices embody the island's deep-rooted identity.

#### BASKETRY AND WEAVING TRADITIONS

Weaving is one of Martinique's most emblematic crafts, using natural materials such as **bakoua** (*Pandanus utilis*), **latanier**, and **cachibou** (*Calathea lutea*) to create a wide variety of objects: bakoua hats, baskets, mats, and decorative items.

and fishermen, the bakoua hat has become a cherished cultural emblem, valued today for its authenticity and timeless elegance.

##### • The Bakoua Hat

A symbol of Martinique's rural identity, this spiral-woven hat is made from bakoua fibers, a hardy local plant resistant to sun and rain. Traditionally worn by agricultural workers



### • Baskets, Mats, and Decorative Items

Made using ancestral techniques, these objects are used in everyday life or

as decorative elements, reflecting the continuity of traditional craftsmanship.

## POTTERY: HERITAGE OF THE ARAWAKS

Martinican pottery traces its roots back to Pre-columbian traditions. Potters use clay to create both utilitarian and artistic pieces.

- **Canari, coco-nèg, tesson:** traditional kitchen utensils made using the coil-building technique.
- **Decorative pottery:** adorned with motifs, these pieces illustrate the evolution of this art over the centuries.



These creations can often be found in local markets and at craft fairs. The Village de la Poterie in Les Trois-Îlets is a must-see destination to discover this living craft.

## WOOD CARVING AND DRIFTWOOD ART (BWA-FLOTÉ)

Woodworking is another pillar of Martinican craftsmanship. Artisans carve local woods to create:

- **Functional objects and furniture:** from cutlery to traditional furniture, combining practicality and aesthetics.
- **Works of art:** figurines, masks, and sculptures inspired by Creole culture.



“Bwa-floté”, or driftwood collected along the beaches, is also used to create original pieces that blend nature and imagination.

## BIJOUTERIE ET CRÉATIONS ARTISANALES

Martinican jewelers skillfully combine tradition and modernity to create unique pieces:

- **Jewelry made from local seeds:** necklaces, bracelets, and earrings crafted from island seeds.
- **Coral and shell creations:** inspired by the sea, these pieces reflect the island's natural environment.



These handcrafted jewels are often sold in craft markets and local boutiques.

## WHAT CAN I DO?

Feel the South

*Gourmet and culinary getaway*



## THE DELIGHTS OF LOCAL CUISINE

Discover local markets and let yourself be tempted by the must-try dishes of Martinican cuisine: matété, féroce, and cassava bread, three flavorful specialties made from cassava flour.

Don't miss the bâton kako (or cocoa stick), traditionally used to prepare the famous Martinican communion chocolate.

The richness of Martinique's gastronomy is rooted in culinary traditions passed down through generations:

- **Artisanal jams and syrups**

Made from local fruits, they offer a wide range of authentic flavors.

- **Traditional pastries**

Robinson, doucelettes, and other local sweets are an integral part of the island's culinary culture.



*Le Robinson*



The many restaurants and snack bars in the South invite you to discover the richness of local gastronomy.



*Matoutou de crabe*



*Boudin créole*

## LOCAL MARKETS

More than just places to shop, Martinique's markets are true windows into local life, where every stall overflows with fresh produce.

### LES ANSES-D'ARLET

- 📍 Centre-bourg
- 🕒 Monday to Saturday: 7:00 a.m. – 3:30 p.m.  
Holidays & public holidays: 8:00 a.m. – 1:00 p.m.

### LE DIAMANT

- 📍 Rue des Arawaks, Place des Fêtes
- 🕒 Tuesday to Sunday: 6:30 a.m. – 3:00 p.m.

### DUCOS

- 📍 Place des Fêtes
- 🕒 Friday & Saturday: 6:00 a.m. – 1:00 p.m.

### LE FRANÇOIS

- 📍 Between the church and the bus station
- 🕒 Tuesday to Sunday: 6:30 a.m. – 2:00 p.m.  
Sunday: 6:30 a.m. – 12:00 p.m.



*Épices et liqueurs*

### LE MARIN

- 📍 Boulevard Allègre
- 🕒 Tuesday to Sunday & public holidays: 6:30 a.m. – 2:00 p.m.

### RIVIÈRE-PILOTE

- 📍 Avenue des Insurrections  
Anti-Esclavagistes
- 🕒 Monday to Saturday: 7:30 a.m. – 1:00 p.m.

## RIVIÈRE-SALÉE

- 📍 Rue Jean Jaurès
- 🕒 Monday to Saturday: 7:00 a.m. – 1:00 p.m.

## LE SAINT-ESPRIT

- 📍 Rue Capitaine Pierre Rose
- 🕒 Daily: 7:00 a.m. – 1:00 p.m.

## SAINTE-LUCE

- 📍 Boulevard Kennedy
- 🕒 Friday, Saturday & Sunday: 7:00 a.m. – 1:00 p.m.

## LES TROIS-ÎLETS

- 📍 Place Gabriel Hayot
- 🕒 Monday to Saturday: 8:00 a.m. – 2:00 p.m.

## LE VAUCLIN

- 📍 Front de Mer
- 🕒 Tuesday to Sunday: 6:00 a.m. – 3:00 p.m.

## SAINTE-ANNE

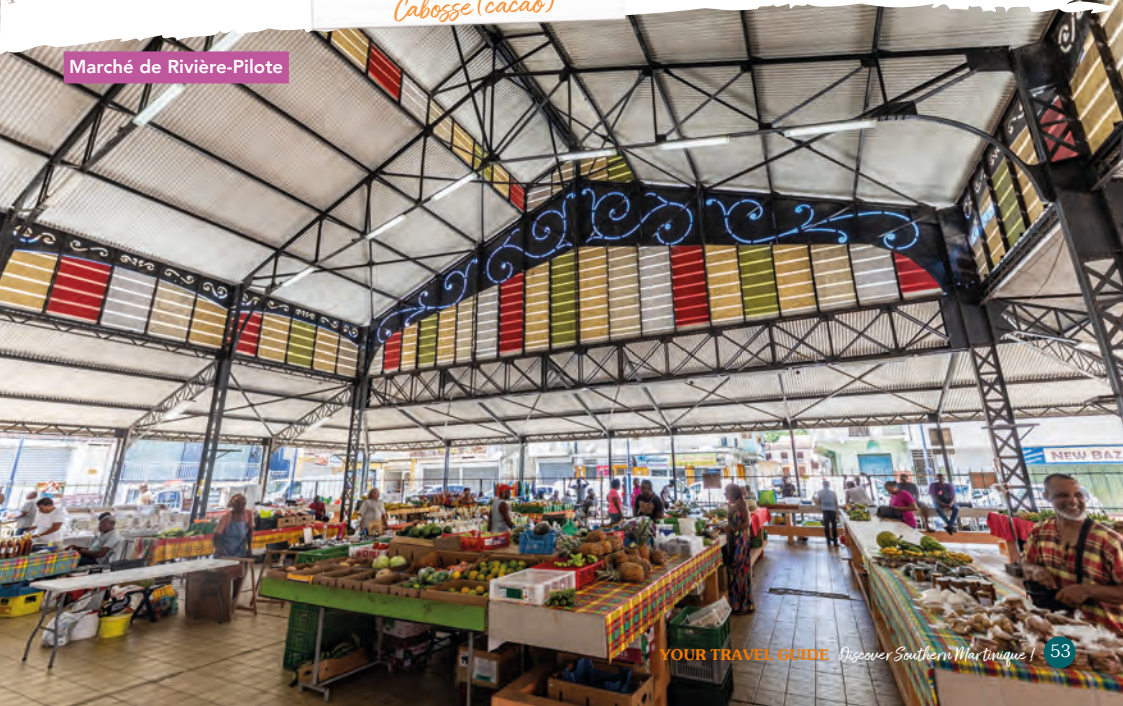
- 📍 Bourg
- 🕒 Occasionally on Saturdays: 6:30 a.m. – 1:00 p.m.



*Cabosse (cacao)*



### Marché de Rivière-Pilote



## WHERE TO STAY?

Feel the South

*A friendly, cozy retreat*



### HOTELS

Name	Adress	Specificity	Telephone	Mail
<b>Domaine de la Palmeraie</b>	Allée de la Palmeraie Quartier Thoraille 97223 Le Diamant	Hotel - Villas 3***	<b>06 96 50 24 40</b>	<b>contact@domainedelapalmeraie.com</b>
<b>Hôtel Plein Soleil</b>	Pointe Thalemont RD 1 entrée Mansarde 97240 Le François	Hotel Restaurant 4****	<b>05 96 38 07 77</b>	<b>contact@hotelpleinsoleil.fr</b>
<b>Hôtel Frégate Bleue</b>	4 route de Dostaly Frégate Est 97240 Le François	Hotel Restaurant 3***	<b>05 96 54 54 66</b> <b>05 96 54 78 48</b>	<b>info@frigatebleue.com</b>

<b>Sable Bleu Boutique Hôtel</b>	23 Boulevard Allègre 97290 Le Marin	Hotel 4****	<b>05 96 80 28 02</b>	<b>contact@hotelsablebleu.com</b>
<b>Douce Vague</b>	1 rue plage de Gros Raisin 97228 Sainte-Luce	Hotel 3***	<b>06 96 19 35 40</b> <b>05 96 62 47 47</b>	<b>contact@douce-vague.com</b>
<b>Hôtel Karibea</b>	Plage quartier Désert 97228 Sainte-Luce	Hotel 3***	<b>05 96 62 11 91</b>	<b>reservation-sainteluce@karibeahotel.com</b> <b>hnovillo@karibeahotel.com</b>
<b>Iloma Hôtel Corail Résidence</b>	Anse Mabouya 97228 Sainte-Luce	Hotel 3***	<b>05 96 62 11 01</b>	<b>info@iloma-martinique.com</b>
<b>Hôtel Le Panoramique</b>	16 Lot. Panoramique Trois Rivières - D7 97228 Sainte-Luce	Hotel 3***	<b>05 96 62 31 32</b> <b>06 08 41 04 32</b>	<b>dubost.l@wanadoo.fr</b>
<b>Hôtel Bakoua</b>	Pointe du bout 97229 Les Trois-Îlets	Hotel 4****	<b>05 96 66 02 02</b>	<b>resa@hotel-bakoua.fr</b>
<b>Hôtel Carayou</b>	Rue des Flamboyants Pointe du Bout 97229 Les Trois-Îlets	Hotel Restaurant 3***	<b>05 96 66 04 04</b>	<b>reservation@hotel-carayou.com</b>
<b>Le Panoramic</b>	Rue du Dauphin Anse à l'Ane 97229 Les Trois-Îlets	Hotel 3***	<b>05 96 66 78 48</b>	<b>lepanoramichotel972@gmail.com</b>
<b>Hôtel La Suite Villa</b>	Route du Fort d'Alet Anse Mitan 97229 Les Trois-Îlets	Hotel 5*****	<b>05 96 59 88 00</b>	<b>reservation@la-suite-villa.com</b>
<b>Hôtel La Pagerie</b>	Rue Chacha Pointe du Bout 97229 Les Trois-Îlets	Hotel Restaurant 4****	<b>05 96 66 05 30</b>	<b>resa@hotel-lapagerie.com</b>
<b>Hôtel Bambou</b>	Rue des Bougainvilliers Anse Mitan 97229 Les Trois-Îlets	Hotel 3***	<b>05 96 66 01 39</b>	<b>reservation@hotelbambou.fr</b>

## SERVICED RESIDENCES

Name	Adress	Specificity	Telephone	Mail
<b>Les Bungalows de la Prairie</b>	La prairie-Cap-est sortie sud N6 97240 Le François	Tourist residence 3***	<b>05 96 54 94 16</b> <b>06 96 86 73 83</b>	<a href="mailto:bungalowsdelaprairie@wanadoo.fr">bungalowsdelaprairie@wanadoo.fr</a>
<b>Sur La Route des Epices</b>	Quartier Frégate Ouest N°1 97240 Le François	Tourist residence 3***, 4 keys	<b>05 96 54 43 59</b> <b>06 96 45 75 18</b>	<a href="mailto:laupa.jose@wanadoo.fr">laupa.jose@wanadoo.fr</a>
<b>Résidence des Iles</b>	Quartier Mondésir 97290 Le Marin	Tourist residence 2**	<b>06 96 38 72 38</b>	<a href="mailto:residencelesiles@yahoo.fr">residencelesiles@yahoo.fr</a>
<b>Le Club Méditerranée</b>	Pointe Marin 97227 Sainte-Anne	Holiday village	<b>05 96 76 72 72</b>	
<b>Brise Marine</b>	Quartier Gros Raisin 97228 Sainte-Luce	Résidence de tourisme 3***	<b>05 96 62 46 94</b> <b>05 96 62 57 17</b>	<a href="mailto:brisemarine97@wanadoo.fr">brisemarine97@wanadoo.fr</a>
<b>Pierre et Vacances</b>	Lieu-dit Pavillon Pointe Philippeau 97228 Sainte-Luce	Holiday village	<b>05 96 62 12 62</b>	<a href="mailto:reception.ste-luce@groupe.pvcp.com">reception.ste-luce@groupe.pvcp.com</a>
<b>Impératrice Village</b>	Rue des Ixoras Anse-Mitan 97229 Les Trois-Îlets	Residence	<b>05 96 66 08 09</b> <b>06 96 38 29 38</b>	<a href="mailto:impe.village@gmail.com">impe.village@gmail.com</a>
<b>Le Village Créole</b>	Rue Chacha Pointe du Bout 97229 Les Trois-Îlets	Holiday village 3***	<b>05 96 66 03 19</b>	<a href="mailto:infos@villagecreole.com">infos@villagecreole.com</a>
<b>L'Auberge de l'Anse Mitan</b>	35 Rue des Anthuriums Anse Mitan 97229 Les Trois-Îlets	Tourist residence 2**	<b>05 96 66 01 12</b>	<a href="mailto:auberge-ansemitan@wanadoo.fr">auberge-ansemitan@wanadoo.fr</a>
<b>Courbaril Village</b>	Rue du Caret Anse à l'Anse 97229 Les Trois-Îlets	Tourist residence 4****	<b>05 96 68 32 30</b>	<a href="mailto:reception@courbaril.fr">reception@courbaril.fr</a>
<b>Le Village de la Pointe</b>	Pointe Faula 97280 Le Vauclin	Residence	<b>09 88 77 66 66</b>	<a href="mailto:reservation@villagedelapointe.fr">reservation@villagedelapointe.fr</a>

<b>Résid'anses Hôtel</b>	Rue des Pêcheurs 97217 Les Anses-d'Arlet	Tourist residence 3***	<b>06 96 45 40 42</b>	<b>contact@residanses.com</b>
<b>Diamant les Bains</b>	92 rue Justin Roc 97223 Le Diamant	Tourist residence 4****	<b>05 96 76 40 14</b> <b>05 96 76 40 14</b>	<b>contact@diamantlesbains.fr</b> <b>booking@diamantlesbains.fr</b>
<b>Diamant Beach Club</b>	Ravine gens bois 97223 Le Diamant	Tourist residence 2**	<b>0596 76 16 16</b>	<b>reception@diamantbeachclub.com</b>



# 12 Towns

## LES ANSES-D'ARLET

*Authentic moments by the sea*



### *Overview*

Nestled between crystalline waters and lush green hills, Les Anses-d'Arlet – France's second-favorite village in 2020 – is a true gem of the South, where the charm of fishing villages is visible around every corner. Here, time seems to stand still, moving to the rhythm of the waves, along the colorful house-fronted streets.

**One of the most photographed towns in Martinique**, it is especially famous for its iconic church, aligned with the village's emblematic pier.

Since 2025, Les Anses-d'Arlet has held the "Petites Cités de Caractère" label, recognizing the town's heritage, architectural and cultural richness, and the authenticity of its historic center.



### *Relaxation tip*

- Kayak or paddleboarding at Grande Anse at sunset.



*Bourg de Les Anses-d'Arlet*



### *Must-see spots !*

- **Bourg Beach** and its iconic pier
- **Anse Dufour and Anse Noire**: popular snorkeling spots where you can swim with sea turtles
- **Local artisan market**



### *Unmissable experience !*

Watch the fishermen return to the harbor at dawn and take part in a "**coup de senne**" (traditional seine fishing) at Petite Anse.

## LE MARIN

*The beating heart of nautical life*



### Overview

Gateway to the **Caribbean Sea**, Le Marin is a lively town animated by the dance of sailboats. Home to the **largest marina in the French West Indies**, its appeal goes beyond boating: the authentic, history-rich town center showcases the full richness of its heritage.



*Unmissable experience!*

Spend a day at sea with snorkeling and a sunset aperitif.



### Relaxation tip

Stroll along the marina and enjoy the vibrant nautical atmosphere.



*Étang Massel*



### Must-see spots!

- **Le Marin Marina** – one of the largest in the Lesser Antilles
- **Catamaran excursions** to the southern Caribbean
- **Saint-Étienne Church** (18th century), classified as a historic monument
- **Étang Massel**
- **360° viewpoint** from **Morne Gommier**



*Marina*

# SAINTE-ANNE

*Dream beaches and untamed nature*



## Overview

Sainte-Anne perfectly embodies the idea of a tropical paradise. From Les Salines Beach, arguably one of Martinique's most iconic beaches, to the Savane des Pétrifications, a barren, almost otherworldly landscape, this commune offers a striking diversity of scenery.



*La Trace des Caps*



*Plage des Salines*



## Must-see spots !

- Les **Salines Beach** – a living postcard
- **Anse Trabaud** – accessible via a section of the Trace des Caps hiking trail
- **Savane des Pétrifications** – a stunning, almost desert-like landscape



## Unmissable experience !

Walk at dawn along the Trace des Caps, accompanied by the sound of waves and birds, and watch the sunrise over the Atlantic.



## Relaxation tip

Enjoy a family picnic on Îlet Chevalier, surrounded by nature.

# SAINTE-LUCE

*A coastal gem with varied beaches*



## Overview

Sainte-Luce is a peaceful coastal town, lined with shaded coves and known for its authenticity. Visitors stroll along the seafront, enjoy freshly grilled fish right by the beach, and discover a warm, welcoming atmosphere.

As the birthplace of the famous Trois Rivières rum, it is also a land of traditional know-how.



## Relaxation tip

Take a walk along the coastal trail starting from Gros Raisin Beach and enjoy the scenery.



*Port de pêche*



*Forêt Montravail*



## Must-see spots !

- The **fishing village**
- The coastal trail between **Anse Mabouya** and **Corps de Garde**
- **Gros Raisin Beach**
- **Trois-Rivières Distillery**



*Unmissable experience !*

Savor a grilled lobster in a waterfront restaurant.

Plage de Grande Anse

## LE DIAMANT

*Precious shores and landscapes*



### Overview

Dominated by the majestic Morne Larcher, Le Diamant stretches along a long, windswept beach facing its famous rock. Here, colonial history meets the raw beauty of nature.

Open to the sea, the town has held the "France Station Nautique" label since 2023. With its beautiful beaches, it offers an exceptional setting for water-based activities such as jet-skiing, excursions, and scuba diving.



*Mémoire Cap 110*



### Relaxation tip

Breathe in the sea air on the town pier while enjoying a local sorbet or hike up Morne Larcher to admire the breathtaking view.



*Vue depuis le Morne Larcher*



### Must-see spots!

- **Rocher du Diamant** (visible from the beach or the viewpoint)
- **Memorial Cap 110**
- **Morne Larcher** hike
- **Jardin An Lakou Emma**



### Unmissable experience!

Enjoy a boat trip along the mangroves, followed by an exceptional meal on a small islet (contact the local tourist office).

# LES TROIS-ÎLETS

## Tourism, history and crafts



### Overview

Dynamic and easy to access, Les Trois-Îlets blends heritage and modern leisure with elegance. It is one of the island's most popular tourist destinations, offering hotels, restaurants, museums, golf, beaches, water sports, and much more.

It is also an ideal starting point for exploring the south of Martinique, thanks to its many maritime connections, including a regular ferry service from Fort-de-France.



### Unmissable experience!

Take part in a pottery workshop with a local artisan at the Village de la Poterie.

*(It is recommended to do this early in your stay, so you can collect your fired creations a few days later before departure.)*



### Relaxation tip

Stroll through the lively walkways of Village Créole.



Village Créole



### Must-see spots!

- La **Savane des Esclaves**
- **Museum of Pagerie**
- **Village de la Poterie**
- **Village Créole**
- **Water activities** at Pointe du Bout



Pointe du Bout

Point de vue de Petite France

# LE FRANÇOIS

*White sandbanks and living traditions*



## *Overview*

On the Atlantic coast, Le François charms visitors with a coastline dotted with small islets and white sandbanks (fonds blancs). This small archipelago is perfect for swimming and boat excursions, particularly to the famous Baignoire de Joséphine, one of the area's most visited sites.

Both agricultural and sea-oriented, the town retains a strong sense of authenticity.



*Habitation Clément*



## *Must-see spots!*

- **Habitation Clément**
- Boat trips to **îlet Oscar** or **Thierry**
- The **Baignoire de Joséphine**
- **Saint-Michel Cathedral**
- **Rocher Leclerc (Leclerc Rock)**



*Îlets du François*



## *Relaxation tip*

Take a guided tour of a historic plantation or distillery.



## *Unmissable experience!*

Enjoy traditional yole sailing, followed by a local lunch on a small islet.

Anse Figuiier

# RIVIÈRE-PILOTE

*Land of nature and heritage*



## Overview

Rivière-Pilote is a lush green haven in the heart of southern Martinique, with its mangroves, forests, and rivers. Deeply rooted in rural traditions, the town reveals a more natural side of Martinique, proud of its heritage and authentic way of life.



## Unmissable experience!

Enjoy a boat trip along the Rivière Pilote, discovering the rich ecosystems that line its banks.



*La Maison du Bambou*



## Must-see spots!

- The **Ecomuseum**
- The **town market**
- **Anse Figuiier** beach
- **Rocher Zombi**



*Le Rocher Zombi*



## Relaxation tip

Go snorkeling at Anse Figuiier, a calm and scenic spot ideal for underwater exploration.



# RIVIÈRE-SALÉE

## Naturally dynamic



### Overview

Full of energy and resources, Rivière-Salée is a lively town with a strong local identity. Known for its vibrant neighborhoods, artisan traditions, and strategic location near major road networks, it offers an authentic glimpse of everyday life in southern Martinique.



*Eglise Saint Jean-Baptiste*



### Must-see spots !

- The **town center** and its **market**
- Walking trails between **Les Mangles and Trénelle**
- **Cinéma Toiles du Sud**, the only operating cinema complex in the south



### Unmissable experience !

Immerse yourself in the countryside on a horseback ride, discovering the rural landscapes of the area.



### Relaxation tip

Enjoy a movie at Toiles du Sud Cinema, the southern region's only active movie theater.



# DUCOS

## Industry and preserved nature



### Overview

Ducos is a fast-growing town located at the crossroads of urban life, nature, and industry. While it is less known as a tourist destination, it boasts a rich agricultural life and a discreet yet authentic heritage waiting to be discovered.



### Must-see spots !

- Génipa **mangrove**
- La **Manzo Dam**
- Le **Château Aubéry** (historic estate, currently not open to the public)
- Church of **Notre-Dame de la Nativité**



### Unmissable experience !

Partir en immersion dans la mangrove de Génipa en kayak ou en bateau.



Barrage de la Manzo



### Relaxation tip

Ducos is also well known for its shopping areas, from large commercial zones to the local shops in the town center.

View from Morne Baldara

# LE SAINT-ESPRIT

*Heritage and cool breezes of the hills*



## *Overview*

Nestled in the highlands, this commune enjoys a cooler climate that invites relaxation. Deeply attached to its religious and cultural heritage, it plays a strategic role in connecting the southern and central parts of the island. It is, in fact, the only commune in the South with no access to the sea. Its lush greenery and forests offer a true change of scenery.

Since July 4, 2025, the Old Slaughterhouse, located in the heart of the town, has been officially designated a Centre Culturel de Rencontre (CCR) by the Ministry of Culture. This historic building will soon host artistic and cultural projects open to everyone.



## *Relaxation tip*

Take a leisurely stroll through the town to discover its historic landmarks: the town hall, market, church, and traditional Creole houses.



*Saint Esprit Church*



## *Must-see spots !*

- The **church** of the Holy Spirit
- The **covered market** et **its cast-iron fountain**
- The **Town Hall**
- The **old slaughterhouse**
- **Morne Baldara**



## *Unmissable experience !*

Enjoy a breathtaking 180° panoramic view from Morne Baldara.

Trou Cochon Bay

# LE VAUCLIN

*Between the sea and the mountains*



## Overview

The commune of Le Vauclin is defined by its lively fishing harbor and its diverse landscapes, where sea and mountains meet. A true haven of peace, it invites visitors to unwind while enjoying a wide range of outdoor activities, from kitesurfing spots to scenic walks along natural trails.



## Unmissable experience!

Enjoy a horseback ride along Macabou Beach.



## Relaxation tip

Unwind on the beach at Pointe Faula.



*Le front de mer*



## Must-see spots!

- **Pointe Faula** (beach and water sports)
- The **Fish Market**
- **Montagne du Vauclin** (Vauclin Mountain)



*Montagne du Vauclin (Vauclin Mountain)*

# CLIMATE & BIODIVERSITY



## *A precious treasure*

In Martinique, a tropical climate prevails year-round, with pleasant temperatures ranging between **25°C** and **30°C** (**77°F–86°F**). Two seasons shape life on the island: the **dry season**, from december to may, known locally as Carême, and the **rainy season**, from de june to november, called Hivernage. Although temperatures remain fairly constant, the passing of time is revealed through the ripening of fruits and the blossoming of the flora.

**Southern Martinique** stands out for the richness of its biodiversity and the beauty of its landscapes—one of the island's greatest sources of pride. In this context, environmental protection is a top priority. **The Southern Martinique Agglomeration Community (Espace Sud)** supports this effort by installing recycling bins and sorting stations in public areas, including near beaches.



### Protecting Nature Together

To help preserve the exceptional natural environment and wildlife of the South, both residents and visitors are encouraged to follow a few simple yet essential guidelines:

- **Sort** your waste
- Choose reusable **cups** and **cutlery**
- Use **eco-friendly sunscreen** and **mosquito repellents**
- **Do not touch** starfish or disturb sea turtles
- **Do not smoke in forests**
- **Do not discard cigarette** butts in the sand

**By following these guidelines, you help protect this natural paradise and contribute to a sustainable future for Martinique.**



# MEMO

## Useful and practical information

### Public transportation in Martinique

*An assert for your stay*

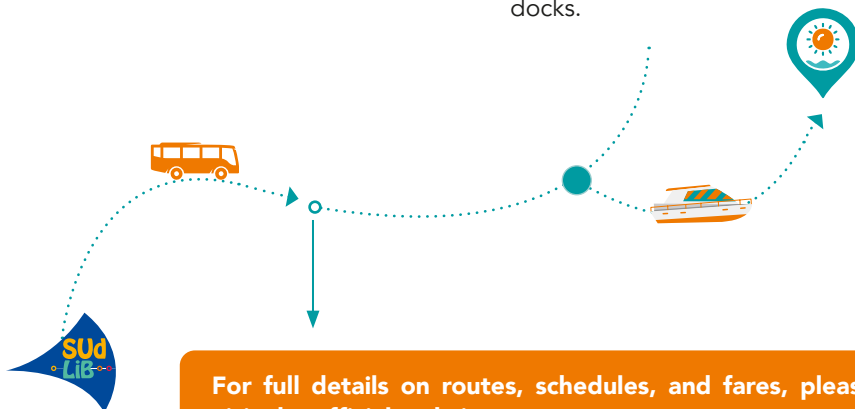
The SudLib bus network serves the southern part of the island, with more than 1,800 stops across 65 local routes, 20 intermunicipal routes, and 7 express lines connected to the TCSP (high-service bus network). It provides easy access to beaches, hotels, and major points of interest.



To make getting around Martinique easier, **several public transportation** options are available, covering both land and sea travel.



To reach Fort-de-France, **maritime shuttles** offer fast crossings between Trois-Îlets and the capital, with departures from several docks.



For full details on routes, schedules, and fares, please visit the official websites.

- <https://sudlib.fr/>
- <https://www.martiniquemobilites.mq/>
- <https://www.bluelines.mq/>



# Everything you need to know before leaving Martinique



## 1. AIRPORT AND TRANSPORTATION

- **Airport:** Martinique Aimé Césaire, located in Le Lamentin.
- **Transportation to the airport :** Taxis and shuttle services are available.



**Please arrive 3 hours before an international flight.**



## 2. TRAVEL DOCUMENTS



**Checks:** Passport, boarding pass, visa (if required), health documents or tests (if applicable).



**Be sure to check the specific entry requirements for your destination before departure**



## 3. HEALTH AND SAFETY

- **Medications :** Bring all medicines you may need for the duration of your trip.



**Prepare in advance if you have specific medical needs**



## 4. DEPARTURE TAX



**Checks:** Some destinations may involve additional departure or airport fees.



**Find out about applicable taxes before leaving.**



## 5. SHOPPING AND SOUVENIRS

- **Last-minute shopping:** Take advantage of airport shops to buy souvenirs



**Local products such as spices or rum are perfect to take a taste of Martinique home with you.**



## 6. CURRENCY AND EXCHANGE

- **Currency :** Euro (€).



**If traveling abroad, consider exchanging euros before departure.**



## Your travel notes

A series of horizontal dotted lines for writing travel notes.

# Your favorites



“ Because a place is not discovered only with the eyes, but also with the heart, flavors, and sensations...

*Take a moment to relive your stay through all your senses!*



The colors of my vacations:

.....  
.....  
.....  
.....



The scent that brings my stay back to life:

.....  
.....  
.....  
.....



The taste of my adventure:

.....  
.....  
.....  
.....



The sound or melody that reminds me of this getaway:

.....  
.....  
.....  
.....



The memories I take home with me:

.....  
.....  
.....  
.....



If my journey were a film, a book, or a song, it would be

.....  
.....  
.....  
.....

# Every stay is unique

Write down **most beautiful memories**  
and **favorite discoveries** here

My favorite dish



My favorite moment



My secret spot

My best memory

My favorite beach



The most memorable person I met

My unforgettable sunrise or sunset



The music of my vacation

If I had to describe my stay in 3 words:

“ Close your eyes, take a moment to breathe...

These sensations are the most beautiful trace of your journey.

Share your memories with us by tagging @sudmartinique on Instagram

Your experiences will surely inspire future travelers...

*The South is waiting for you!*



*A journey for all your senses!..*